

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lizelle Bester**

Has successfully participated & completed the  
**5km Four Seasons @ the Cowhouse - Winter**  
held at Cowhouse Market.

**TIME 00:51:02**

**PACE 10:12/km**  
**OVERALL 26 of 41**

**GENDER 16 of 23**  
**50 - 59 5 of 6**

27 July 2019, Sat

Date



*BoutTime*

Signature

